

To our Community Partners:

I am excited to share that CFI Northside Family Center has expanded therapy services. We have recently added two highly skilled trauma-informed therapists to our team.

Trisha Broihahn is a Family Therapist at Children and Families of Iowa's Northside location. She completed her undergraduate in Psychology at University of Wisconsin and graduated with her Masters of Social Work with Trauma-Informed Care Specialization at University of Northern Iowa. Trisha has experience working with individuals with acute and complex trauma, anxiety, depression, and victims of sexual assault. She implements a trauma-informed care approach and utilizes strengths-based, cognitive-behavioral, sensorimotor, and mindfulness techniques with her clients. Trisha currently has openings for children, adolescents, and adults.

Leah Vejzovic is a family therapist at Children & Families of Iowa's Northside location. She has an undergraduate from Luther College in Social Work and Masters of Social Work from University of Northern Iowa. Leah has extensive experience with the child welfare system, formerly worked as a domestic violence victim advocate and counselor for child and adult survivors, and worked in a residential psychiatric facility for children. Leah uses a strengths-based, trauma-informed approach in her work. Areas of focus include complex trauma, depression, anxiety, military suicide loss, domestic violence, and other mental health needs. Leah currently has openings for children, adolescents, adults, couples, and families.

Families serviced at Northside Family Services have access to a comprehensive compassionate team of professionals providing services that focus on healing from trauma, mental health, domestic violence, and substance abuse needs. We serve individuals from zero through the lifespan with an array of services including trauma-informed therapy services, family therapy, couples therapy, play therapy, Child Parent Psychotherapy (CPP), Eye Movement Desensitization and Reprocessing (EMDR), Extended Outpatient Substance Abuse treatment for adolescents and adults, OWI evaluations, and domestic violence advocacy. **Referrals can be directed to Northside at (515) 266-6338.**

As a reminder, although many of you are already familiar with our other Northside Team we have the following providers:

Danielle Ballard-Green, MSW, LMSW, CADC –therapist who is newly trained in CPP and EMDR.

Cabrie Claiser, CADC – Substance Abuse Counselor

Stacey Granger, BSW, CDAA- Domestic Violence Outreach Advocate